


WEEK THREE	MONDAY ^{MEAT FREE}	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Margarita pizza Potato wedges 	Chicken and vegetable pie with diced potato	Beef Burger served with herby diced potatoes	Chicken tikka masala with rice	Fish of the day with chips
VEGETARIAN	Beans	Cheese flan ^{5 A DAY}	Quorn Burger	Vegetable curry served with rice	Quorn wrap with chips
ACCOMPANIMENTS ^{5 A DAY}	Sweetcorn Salad	Carrots Broccoli Salad	Sweetcorn peas Salad bar	Salad	Mushy Peas Salad bar
DESSERTS	Marble sponge custard ^{5 A DAY}	Chocolate muffin	Ginger biscuit with fresh fruit ^{5 A DAY}	Oaty peach crumble and custard ^{5 A DAY}	Fresh fruit jelly
FRESH FRUIT OR YOGHURT	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and Panini selection	Jacket potato and wrap selection	Jacket potato and Panini selection	Jacket potato and sandwich selection



MENU



Quench your thirst with free fresh drinking water available daily



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE