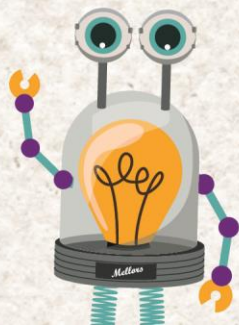


WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Beef Lasagna	Margarita Pizza with Potato Wedges	Roast Chicken & Roast Potatoes with Yorkshire Pudding & Gravy	Cajun Chicken Fillet in a Wrap	Battered Fish & Chips
VEGETARIAN MAIN DISH	Veggie Meatballs in Tomato Sauce with Mash Potato	Vegetable Curry & Rice	Quorn Roast & Roast Potatoes with Yorkshire Pudding & Gravy	Macaroni Cheese	Veggie Burger in a Bun with Chips
ACCOMPLIMENTS 	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar
DESSERTS	Fruit Crumble & Custard	Chocolate Sponge & Chocolate Sauce	Strawberry Whip	Gingerbread Loaf & Vanilla Sauce	Icecream
FRUIT & YOGHURT 	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt
JACKET POTATOES & SANDWICHES	Jacket Potato & Sandwiches With Various Fillings	Jacket Potato & Sandwiches With Various Fillings	Jacket Potato & Sandwiches With Various Fillings	Jacket Potato & Sandwiches With Various Fillings	Jacket Potato & Sandwiches With Various Fillings



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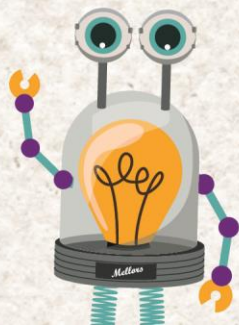


- HEALTHY OPTION

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Chicken Korma & Rice	Chicken Pizza & Wedges	Roast Lemon & Garlic Chicken & Roast Potatoes	Beef Lasagne with Garlic Bread	Fish Fingers & Chips
VEGETARIAN MAIN DISH	Vegetarian Pasta Bake	Vegetable Biryani	Vegetarian Cottage Pie	Sweet & Sour Quorn with Rice	Quorn Nuggets & Chips
ACCOMPLIMENTS 	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar
DESSERTS	Marble Sponge & Custard	Lemon Drizzle Cake	Homemade Cookies	Homemade Chocolate Muffins	Ice Cream
FRUIT & YOGHURT 	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt
JACKET POTATOES & SANDWICHES	Jacket Potato & Sandwiches With Various Fillings	Jacket Potato & Sandwiches With Various Fillings	Jacket Potato & Sandwiches With Various Fillings	Jacket Potato & Sandwiches With Various Fillings	Jacket Potato & Sandwiches With Various Fillings



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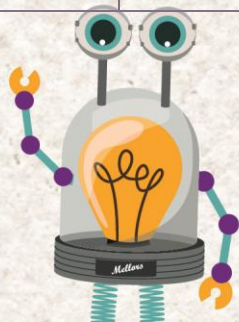


- HEALTHY OPTION

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Tomato Pasta Bake	Cottage Pie	Roast Chicken with Roast Potatoes & Yorkshire Pudding & Gravy	Chicken Tikka Masala with Rice	Fish & Chips
VEGETARIAN MAIN DISH	Vegetable Stir Fry with Noodles	Margarita Pizza & Wedges	Cauliflower & Broccoli Bake	Spicy Vegetable & Bean Pittas	BBQ Bean Burger in a Bun with Chips
ACCOMPLIMENTS 	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar	Seasonal Vegetables & Salad Bar
DESSERTS	Flapjack	Artic Roll	Banana Sponge & Custard	Jelly & Icecream	Vanilla Whip & Fruit
FRUIT & YOGHURT 	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt
JACKET POTATOES & SANDWICHES	Jacket Potato & Sandwiches With Various Fillings	Jacket Potato & Sandwiches With Various Fillings	Jacket Potato & Sandwiches With Various Fillings	Jacket Potato & Sandwiches With Various Fillings	Jacket Potato & Sandwiches With Various Fillings



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- HEALTHY OPTION